

Letting  
Go...  
of **INSECURITIES**

*"Yet you, LORD, are our Father. We are the clay, you are the potter; we are all the work of your hand."  
—Isaiah 64:8*

"What if I say the wrong thing? They wouldn't like me if they really knew me...No one wants to be my friend. I feel like a loser..." We can imagine all kinds of scenarios that wreak havoc with our emotions. These feelings make us feel insignificant and worthless. We are all fragile and can easily become a victim of insecurity.

Dictionary.com defines insecurity as "a lack of confidence or assurance; self-doubt." The ONLY antidote to this condition is to allow the Truth of God's Word to set us free from the bondage of these lies!!! We need to Stop listening to the lie and walk in God's Truth!!!

We have a tendency to compare ourselves to others and then feel inadequate. But we need to find our identity in Christ alone. Our first step in accepting who we are is to understand that God is our creator... YOU are a Designer Original!!! What do the following verses say about this?

Psalm 139:13-14 \_\_\_\_\_

Isaiah 64:8 \_\_\_\_\_

Ephesians 2:10 \_\_\_\_\_

Romans 9:20 \_\_\_\_\_

One of the major pitfalls of insecurities is comparing ourselves with others. What do you see in the following two passages?

Galatians 6:4-5 \_\_\_\_\_

1 Samuel 16:7 \_\_\_\_\_

It's easy to focus on our outward appearance and what to WEAR. However, what should we focus putting on, according to the following verses?

Ephesians 6:13-17 \_\_\_\_\_

Colossians 3:12-14 \_\_\_\_\_

**Identify the Biblical solutions to the following statements:**

**"My Life is such a mess... God can't forgive me."**

1 John 1:9 \_\_\_\_\_

Romans 8:1 \_\_\_\_\_

**"I can't do it..."**

Zechariah 4:6 \_\_\_\_\_

Philippians 4:13 \_\_\_\_\_

**"There's no hope... I will never have victory"**

Philippians 1:6 \_\_\_\_\_

Hebrews 12:1-2 \_\_\_\_\_

**"I am not very educated..."**

Acts 4:13 \_\_\_\_\_

1 Corinthians 1:26-31 \_\_\_\_\_

2 Timothy 1:7-9 \_\_\_\_\_

**"I am worried about what people will think of me..."**

1 Samuel 15:24 \_\_\_\_\_

Galatians 1:10 \_\_\_\_\_

**"I have a horrible past..."**

Philippians 3:13-14 \_\_\_\_\_

**"I have too many problems....poor me."**

James 1:2 \_\_\_\_\_

1 Peter 4:12-13 \_\_\_\_\_

**"I am all alone..."**

Deuteronomy 31:6 \_\_\_\_\_

### **Moses**

In Exodus God talks to Moses at the burning bush... Moses lists all the reasons he can't do what God has asked of him. According to Exodus 4:10-17, what are his insecurities; God's response?

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### **Transformation story... and being confident!**

What do the following verses say about being new, transformed, and confident?

2 Corinthians 5:17 \_\_\_\_\_

Romans 12:2 \_\_\_\_\_

Philippians 1:6 \_\_\_\_\_

2 Corinthians 3:12 \_\_\_\_\_

Hebrews 4:16 \_\_\_\_\_

Jeremiah 17:7 \_\_\_\_\_

Hebrews 10:35-39 \_\_\_\_\_

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### **Wrap up:**

I must let go of my \_\_\_\_\_ and walk \_\_\_\_\_  
by \_\_\_\_\_.

## **Passage Index** (NIV 1984 unless otherwise stated)

**Psalm 139:13-14** "For you created my inmost being; you knit me together in my mother's womb. <sup>14</sup>I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well."

**Isaiah 64:8** "Yet you, LORD, are our Father. We are the clay, you are the potter; we are all the work of your hand."

**Ephesians 2:10** "For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do."

**Romans 9:20** "But who are you, a human being, to talk back to God? 'Shall what is formed say to the one who formed it, 'Why did you make me like this?'"

**Galatians 6:4-5 (NLT)** "Pay careful attention to your own work, for then you will get the satisfaction of a job well done, and you won't need to compare yourself to anyone else. <sup>5</sup>For we are each responsible for our own conduct."

**1 Samuel 16:7** "But the LORD said to Samuel, 'Do not consider his appearance or his height, for I have rejected him. The LORD does not look at the things people look at. People look at the outward appearance, but the LORD looks at the heart.'"

**Ephesians 6:13-17** "Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. <sup>14</sup>Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, <sup>15</sup>and with your feet fitted with the readiness that comes from the gospel of peace. <sup>16</sup>In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. <sup>17</sup>Take the helmet of salvation and the sword of the Spirit, which is the word of God."

**Colossians 3:12-14** "Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. <sup>13</sup>Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. <sup>14</sup>And over all these virtues put on love, which binds them all together in perfect unity."

**1 John 1:9** "But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness."

**Romans 8:1** "Therefore, there is now no condemnation for those who are in Christ Jesus; who walk not after the flesh but after the Spirit."

**Zechariah 4:6** "'Not by might nor by power, but by my Spirit,' says the LORD Almighty."

**Philippians 4:13** "I can do everything through him who gives me strength."

**Philippians 1:6** "...being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus."

**Hebrews 12:1-2** "Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, <sup>2</sup>fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God."

**Acts 4:13** "When they saw the courage of Peter and John and realized that they were unschooled, ordinary men, they were astonished and they took note that these men had been with Jesus."

**1 Corinthians 1:26-31** "Brothers and sisters, think of what you were when you were called. Not many of you were wise by human standards; not many were influential; not many were of noble birth. <sup>27</sup>But God chose the foolish things of the world to shame the wise; God chose the weak things of the world to shame the strong. <sup>28</sup>God chose the lowly things of this world and the despised things—and the things that are not—to nullify the things that are, <sup>29</sup>so that no one may boast before him. <sup>30</sup>It is because of him that you are in Christ Jesus, who has become for us wisdom from God—that is, our righteousness, holiness and redemption. <sup>31</sup>Therefore, as it is written: 'Let the one who boasts boast in the Lord.'"

**2 Timothy 1:7-9** "For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline. <sup>8</sup>So do not be ashamed of the testimony about our Lord or of me his prisoner. Rather, join with me in suffering for the gospel, by the power of God. <sup>9</sup>He has saved us and called us to a holy life—not because of anything we have done but because of his own purpose and grace. This grace was given us in Christ Jesus before the beginning of time..."

**1 Samuel 15:24** "Then Saul said to Samuel, 'I have sinned. I violated the LORD's command and your instructions. I was afraid of the men and so I gave in to them.'"

**Galatians 1:10** "Obviously, I'm not trying to win the approval of people, but of God. If pleasing people were my goal, I would not be Christ's servant."

**Philippians 3:13-14** "Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, <sup>14</sup>I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus."

**James 1:2** "consider it pure joy, my brothers and sisters, whenever you face trials of many kinds..."

**1 Peter 4:12-13** "Dear friends, do not be surprised at the fiery ordeal that has come on you to test you, as though something strange were happening to you. <sup>13</sup>But rejoice inasmuch as you participate in the sufferings of Christ, so that you may be overjoyed when his glory is revealed."

**Deuteronomy 31:6** "Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you."

**Exodus 4:10-17** “Moses said to the LORD, ‘Pardon your servant, Lord. I have never been eloquent, neither in the past nor since you have spoken to your servant. I am slow of speech and tongue.’ <sup>11</sup>The LORD said to him, ‘Who gave human beings their mouths? Who makes them deaf or mute? Who gives them sight or makes them blind? Is it not I, the LORD?’ <sup>12</sup>Now go; I will help you speak and will teach you what to say.’ <sup>13</sup>But Moses said, ‘Pardon your servant, Lord. Please send someone else.’ <sup>14</sup>Then the LORD’s anger burned against Moses and he said, ‘What about your brother, Aaron the Levite? I know he can speak well. He is already on his way to meet you, and he will be glad to see you. <sup>15</sup>You shall speak to him and put words in his mouth; I will help both of you speak and will teach you what to do. <sup>16</sup>He will speak to the people for you, and it will be as if he were your mouth and as if you were God to him. <sup>17</sup>But take this staff in your hand so you can perform the signs with it.’”

**2 Corinthians 5:17 (NKJV)** “Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.”

**Romans 12:2** “Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.”

**Philippians 1:6** “...being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.”

**2 Corinthians 3:12** “Therefore, since we have such a hope, we are very bold.”

**Hebrews 4:16** “Let us then approach God’s throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.”

**Jeremiah 17:7** “But blessed is the one who trusts in the Lord, whose confidence is in him.”

**Hebrews 10:35-39** “So do not throw away your confidence; it will be richly rewarded. <sup>36</sup>You need to persevere so that when you have done the will of God, you will receive what he has promised. <sup>37</sup>For, ‘In just a little while, he who is coming will come and will not delay.’ <sup>38</sup>And, ‘But my righteous one will live by faith. And I take no pleasure in the one who shrinks back.’ <sup>39</sup>But we do not belong to those who shrink back and are destroyed, but to those who have faith and are saved.”